



The Heys School

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Headteacher| Mr P McKendrick

Maximise our potential, to be the best we can be, every day.

14th June 2024

Dear Parent/Carer

At The Heys school, we are driven to continue the vast improvements in the Quality of Education that our students receive both within the classroom setting and through extra-curricular events and initiatives such as culture days, sports day, healthy eating, mental health and well-being.

As part of our healthy eating focus we have taken the decision to ban lollipops and other hard sweets of this nature including "brain-lickers"

This decision has been made after careful consideration of the negative impacts these treats can have on student behaviour, health, and safety.

The blue sour lollipops have become readily available in large quantities for very little cost, as part of a Tik Tok trend. This has seen an increase in students bringing the items into school.

Consuming sugary sweets can lead to disruptions and lack of focus in lessons. The sugar rush followed by a "crash" makes it difficult for students to remain attentive and engaged in learning activities.

Lollipops and hard sweets provide no nutritional value and contribute to tooth decay, obesity, and other health issues when consumed in excess. As a school, we aim to promote healthy eating habits.

Lollipops and hard sweets pose a choking hazard, especially for younger students. There have also been incidents of students getting lollipops stuck in their hair or clothing, causing distress.

Thank you for your cooperation and continued support in making our school a safe, healthy, and productive learning environment for all students.

Kind Regards

Mr Kerr
Assistant Headteacher – Behaviour and Culture

Respect | Kindness | Determination

The Heys School is a member of The Rowan Learning Trust.
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