

Dear Parents and Carers,

I hope this email finds you and your families safe and well.

Safer Internet Day takes place on Tuesday 7<sup>th</sup> February and this year's theme is "Want to talk about it?". It picks up on the importance of making space and time to have regular conversations about life online.

We are sharing an extra newsletter with you which has some great suggestions about how you can get involved, how you can establish a family contract for the use of devices and time away from them, and how to start these very important conversations with your child/ren about what they do online and who they interact with. We encourage you to have a read and to find the opportunity to talk to your child about the digital world that so many young spend so much time in.

[https://www.knowsleyclcs.org.uk/wp-content/uploads/2023/02/2.-Online-Safety-Newsletter-Feb-2023\\_SID.pdf](https://www.knowsleyclcs.org.uk/wp-content/uploads/2023/02/2.-Online-Safety-Newsletter-Feb-2023_SID.pdf)

We also recommend that you check out National Online Safety who provide a wide range of safety guides to ensure responsible use of the most popular apps and games that young people use. These one page help sheets explain the risks and the parental safeguards that you can put in place to reduce them. They are simple and easy to follow and very helpful in supporting parents in making appropriate decisions about what you allow your child/ren to have access to online.

I have also attached an information sheet for you to help you in starting those important discussions about online activity.

If you have any concerns related to online safety, please contact your child's pastoral team in the first instance.

With best regards,

Miss H Pickavance

Designated Safeguarding and Lead Practitioner for Student Wellbeing