

Dear Parents / Carers,

We have not been in a position to offer drop ins with our school nurse since before COVID.

We are excited to announce that we are going to trial these again during the lunch break on Friday 10th and Friday 24th March.

The school nurse can offer young people advice on a whole range of things such as emotional well-being, weight management, periods, diet, skin care, sleep hygiene, physical hygiene, amongst other things.

Please let your child know that they can drop in and see the school nurse on these days if they would like to have a chat about anything that may be worrying them health-wise. Sessions are confidential.

We will also be promoting the drop in sessions to students next week in school.

If your child has a persistent or ongoing health concern, particularly one which causes them to be absent from school, we would advise you to take them to see their GP.

With best regards,

Miss H Pickavance

Lead Practitioner for Safeguarding and Student Well-being